

Hudson Feminink

BEAUTY

AFTER CARE GUIDE



THANK YOU

We wanted to take a moment to say a heartfelt thank you for choosing **Hudson & Feminink Beauty** for your permanent makeup needs.

We are so grateful to have had the opportunity to serve you and be a part of your beauty journey.

Your trust in us is what keeps us inspired and continually striving to provide the best care and precision in every treatment.

We hope you are delighted with the results as much as we loved assisting you achieve them.

Remember, we are always here to help with any further needs or touch-ups you might want in the future. Don't hesitate to reach out!

Thank you once again for being such a wonderful part of our community. We look forward to seeing you again soon!

Warm regards,
Hudson & Feminink Beauty Team



HUDSONBEAUTYBAR



FEMININKBEAUTY

WE APPRECIATE YOUR FEEDBACK

AFTER CARE INSTRUCTIONS

1



Immediately After: Use Phi Wipe to gently wipe off excess lymph on area worked on

2



Day 1-3: Use your Q-Tip to apply very little Aquaphor day and night



Avoid

- Excessive Sweating
- Hot showers
- Using hand towel to dry your face. Please use a Kleenex to avoid any cross contamination
- Touching the area
- Saunas
- Sun bathing
- Makeup on or around the area
- Picking on scabs
- Facials until 4 weeks after the touch up session
- Eyelash extensions or serums (for eyeliner tattoos only)



You Can

- Take quick showers
- Wash your face, but let the soapy water fall and wash the area indirectly
- Take quick walks
- Do light work outs
- Drink caffeine after the procedure (hooray!)
- Take Tylonel or Advil If needed

WHAT TO EXPECT

1. Initial Healing (Days 1-4):

- **Day 1:** Immediately after the procedure, the treated area will appear very dark and bold due to the excess pigment and blood coming to the surface. There may be mild swelling and redness.
- **Days 2-4:** Swelling will start to subside. The area will begin to feel dry and tight as the top layers of the skin start to heal. Scabbing may begin to form.

2. Peeling Phase (Days 5-10):

- **Days 5-7:** The scabbing will become flaky and start to peel off naturally. It's crucial not to pick at the scabs as this can pull out the pigment along with the scab.
- **Days 8-10:** Most of the visible peeling will end by this stage. The color will start to lighten and may look patchy. This is normal and part of the process as the deeper layers of skin are still healing.

3. Color Settling (Days 11-28):

- During this phase, the pigment continues to settle into the skin. As the skin fully heals, the initial darkness fades to a softer tone which is more indicative of the final outcome.
- The appearance of the makeup can seem uneven and lighter than expected. This is also normal, as the color will continue to develop and darken slightly as healing progresses.

4. Touch-Up and Final Healing (Days 28-42):

- **Day 28 onwards:** By this time, the skin should be completely healed, and the true color of the pigment should be visible.
- This is the optimal time for a touch-up appointment to fill in any areas where the pigment may not have taken well or to adjust the shape and color if necessary.

5. Long-Term Care:

- Permanent makeup typically lasts anywhere from 1 to 3 years, depending on the individual's skin type, lifestyle, and exposure to sun. Regular touch-ups can maintain the intensity and shape of the makeup.
- Continuing to protect the skin from UV exposure with sunscreen can help extend the life of the pigment and clarity of the PMU.

STAGES OF HEALING *NOT OUR PHOTO*



FOR EYELINER

Immediate Post-Procedure:

- **Clean:** Keep the eyelids clean and avoid touching them with unwashed hands.

First Week Care:

- **Avoid:** Do not wear any eye makeup. Avoid activities that cause excessive sweating.
- **Gentle Washing:** Clean the eyelids gently with cool water and pat dry with a soft towel.

Activities to Avoid for Two Weeks:

- **Water Exposure:** Avoid swimming pools, saunas, and long showers.
- **Rubbing:** Do not rub or pick at the eyelids.
- **Sun Exposure:** Avoid direct sunlight and tanning beds. Wear sunglasses for protection.

Long-Term Care:

- **Protect:** Use sunglasses outdoors to protect against UV rays.
- **Moisturize:** Keep the area clean and hydrated.

Monitoring:

- **Infection Signs:** Watch for excessive redness, swelling, or pus. Consult a professional if symptoms occur.

FOR LIPS

Immediate Post-Procedure:

- **Ice:** Apply ice packs wrapped in a clean cloth intermittently to reduce swelling.
- **Clean:** Keep the area clean and avoid touching the lips with unwashed hands.

First Week Care:

- **Moisturize:** Use a recommended healing balm or ointment several times a day to keep the lips moist and prevent cracking.
- **Eat Carefully:** Avoid spicy and salty foods. Minimize extensive mouth movements.

Activities to Avoid for Two Weeks:

- **Makeup and Kissing:** Avoid makeup and kissing until fully healed.
- **Sun and Water:** Avoid direct sunlight, tanning beds, and submerging in water. Use SPF lip balm outdoors.

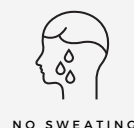
Long-Term Care:

- **Protect:** Continue using SPF lip balm daily and keep lips hydrated with quality lip balm.

Monitoring:

- **Infection Signs:** Watch for signs of infection like cold sores, swelling, or pus and consult a professional if concerned.

CAUTION:



DAY BY DAY EMOTIONS



DAY 1:
I LOVE IT!



DAY 2-3:
THE COLOR IS GETTING DARKER

**WHAT
HAPPENED?**



DAY 4-7:
IT'S FLAKING!
IS THE COLOR GETTING LIGHTER?



DAY 7-30:
THIS LOOKS SO NATURAL!
CAN'T WAIT FOR MY TOUCH UP



NORMAL HEALING

- swelling
- minimal bruising
- chapped/flaking skin
- pigment color changing
- cold sore(s) on lips

ABNORMAL HEALING

- abnormal swelling (puffy skin)
- abnormal bruising
- allergic reaction
- Infection

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